

Thomas Beuchot

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Education

Ecole normale supérieure-PSL

Ph.D. in cognitive science

- **Thesis subject:** "The cognitive science of giving and its applications to policy making"
- **Advisor:** Coralie Chevallier

2024-...

Paris, France

Ecole normale supérieure-PSL

ENS Diploma (DENS) in cognitive science (Cogmaster, social sciences major), analytic philosophy minor

- **Visiting:** Wellbeing Research Center, Oxford University, England (2023)
 - "How comparable is life satisfaction data from different surveys? The survey fingerprint problem and a solution", with A. Prati
- **Fellowship:** Happier Lives Institute, Remote (2022)
- **Internships:** Institut Jean Nicod, ENS-PSL, Paris (2021-2024)
 - "Early life unpredictability and attitudes towards risk and ambiguity: a wheel of fortune task", with C. Chevallier & D. Nettle (2023-2024)
 - "Is there a deprivation threshold? A longitudinal analysis", with D. Nettle (2022-2023)
 - "Variations in human personality with resource availability: a meta-analytic review", with M. Boon-Falleur & N. Baumard (2022)
 - "Beyond genres: what attracts us in a movie plot", with V. Thouzeau & N. Baumard (2021-2022)

2021-2024

Paris, France

HEC Paris

Master in Management (Programme Grande Ecole)

- **Award:** Accessit for a dissertation on meaning and leadership
- **BCG consulting academy:** Analyst for COM'IN

2019-2024

Paris, France

IPESUP

Intensive economic preparatory class (ECE)

2017-2019

Paris, France

Publications

The Cognitive Foundations of Fictional Stories (pre-print)

Dubourg, E., Thouzeau, V., Beuchot, T., [...], Baumard, N. (2024), under review

Work in progress

Variations in human personality with resource availability: a meta-analytic review

Beuchot, T., Boon-Falleur, M., Chevallier, C., Baumard, N., in prep

How comparable is life satisfaction data from different surveys? The survey fingerprint problem and a solution

Beuchot, T., Prati, A., in prep

Early life unpredictability and attitudes towards risk and ambiguity: a wheel of fortune task

Beuchot, T., Ciranka, S., Chevallier, C., Nettle, D., in prep

Conference talks

2024 – French network for the Evolutionary Study of Humans, Lausanne

"Why does personality exist? The self-plasticity theory" (long talk)

2024 – Human Behavior and Evolution Society, Aarhus

"Variations in human personality with resource availability: a meta-analytic review" (blitz talk)

Teaching

Causal statistics for Treatment Models, Undergraduate, Teaching Assistant

2024-2025
Paris, France

PSL University, taught with Marc Gurgand

- Undergraduate course for the Economics Department at ENS-PSL. The aim of this course is to train students in statistical methods for estimating causal relationships, based on experiments or quasi-experiments. Teaching load: 22.5 hours

Psychology and the sustainable transition, Undergraduate, Lecturer

2024-2025
Paris, France

PSL University, taught with Aurore Grandin and Mélusine Boon-Falleur

- Undergraduate course for the Sciences pour un monde durable undergraduate program at PSL-University. In this course, we present and discuss works in social cognition, cognitive psychology and behavioural economics that aim at providing a better understanding of the obstacles to the shift towards a more sustainable society, and that help identify levers that have been used and tested in public policy. Teaching load: 21 hours

Guest lectures

2024 – Human behavior, Cultures, and Societies, ENS-PSL, Paris

"Why does personality exist? Evidence from genomics" (Guest lecture)

2022 – Education, Innovation, Society Seminar, EHESS, Paris

"Socio-emotional skills: how to measure them? How do they change with socio-economic status?" (Guest lecture)

2022 – Statistics, Sciences pour un monde durable, PSL University, Paris

"Personality 101" (Guest lecture)

Public engagement in science

Reports

Policies for wellbeing: A brief scoping review ([link](#))

Beuchot, T. (2022), Happier Lives Institute

General audience talks

2024 – Automnales de l'altruisme efficace, Châtenay-sur-Seine

"Cultural change and effective altruism"

2024 – Automnales de l'altruisme efficace, Châtenay-sur-Seine

"10 common misconceptions about mental health"

2024 – Forum des métiers, Sciences Po Paris, Paris

"Fulfillment and Impact: How to build a career that suits you?"

2023 – Automnales de l'altruisme efficace, Mandres-les-Roses

"Personality and effective altruism"

2023 – Nuit Européenne Des Chercheurs, Brest

"Interactive experience and game on psychological consequences of inequalities"

Non-academic experience

Self-employed, Cognitive science consultant

2022-now
Paris, France

Cognitive science consultant for Noèse and Maki People

- **Career guidance:** Creation of psychometric tests based on the theoretical models of the Big Five, RIASEC, Schwartz' values, PERMA, and CHC model

of intelligence

- **Hiring:** Validation of psychometric tests (Big Five, cognitive abilities)

DeepSelf, Co-founder (student-entrepreneur)

Cofounder of a platform using AI and psychometric tests to increase engagement at work

- AI For Tomorrow contest 2020 (finalist)
- IMT Starter contest 2020 (finalist)

2020-2022
Paris, France

JobTeaser, User researcher

Creation of career guidance tools and definition of the user research methodology

2021
Paris, France

Rising Up, R&D assistant & Marketing and partnership assistant

Design of training content on soft skills, development and implementation of the communication and partnership strategy

2020
Paris, France

Service

ENS-PSL, Lab meeting organiser

Organisation of the weekly lab meetings for the Evolution and Social Cognition lab

2024-2025
Paris, France

Cognitions Podcast, Host

"EP #2 | Cognitive Approaches to Studying Culture | Olivier Morin", "BONUS EP | Meet the Hosts & Season 2 Announcements"

2023-now

Effective Altruism France, President

Project management, hiring and strategic support for a non-profit on positive impact

- Board member since 2023
- Volunteer since 2019

2019-now
Paris, France

Effective Altruism ENS-PSL, Co-founder

Running of a student group with conferences on the best ways to have a positive impact

2021-2022
Paris, France

Psych'HEC, Co-founder and Vice-President

Running of a student group that offers psychological support for students

2019-2020
Paris, France